<b>CHIASM</b>	OF ALMA 17	
А	YOU NEED TO KNOW LISTEN TO MY WORDS	17:1 My son give ear to my words
В	KEEP COMMANDMENTS, PROSPER	For I swear unto you that in asmuch as ye shall keep the commandments of God ye shall prosper in the land
с	REMEMBER CAPTIVITY OF NEPHITE FATHERS	17:2 I would that ye should do as I have done in remembering the captivity of our fathers
D	BONDAGE, THE ALMIGHTY GOD ONLY COULD SAVE	For they were in bondage and none could deliver them except it was the God of Abraham and the God of Isaac and the God of Jacob And He surely did deliver them in their afflictions
A'	(SPEAKING TO SON IN HIS YOUTH) LISTEN TO MY	17:3 And now O my son Helaman behold thou art in thy youth And therefore I beseech of thee that thou wilt hear my words and learn of me
Е	YOU WILL BE SUPPORTED	For I do know that whomsoever shall put his trust in God shall be supported in their trials and their troubles and their afflictions and shall be lifted up at the last day
		17:4 And I would not that ye think that I know of myself not of the temporal but of the spiritual
) INTERNAL CHIASM (F)	DO NOT KNOW OF MYSELF	not of the carnal mind but of God 17:5 Now behold I say unto you
	BORN OF GOD, HEART CHANGED	if I had not been born of God I should not have known these things
	HIS HOLY ANGEL MADE KNOWN (THIS IS THE LORD	But God hath by the mouth of His holy angel made these things known unto me
	GOD)	Not of any worthiness of myself
BREAKING DOWN CHURCH (G) INTERNAL CHIASM	LABORED TO DESTROY THE	for I went about with the sons of Mosiah seeking to destroy the church of God But behold God sent His holy angel to stop us by the way 17:6 And behold he spake unto us as it were the voice of thunder
	WE FELL	27.0 Mill Demoli e gaske unito o as it were true or unitore. And the behold e earth did tremble beneath our feet. And we all fell to the earth for the fear of the Lord came upon us
	COMMANDED TO RISE ROSE UP	17:7 But behold the voice said unto me Arise And I arose and stood up and beheld the angel
	IF YOU DON'T WANT TO BE DO NOT DESTROY CHURCH	And he said unto me: If thou wilt of thyself be destroyed seek no more to destroy the church of God
	FELL TO THE EARTH	17:8 And it came to pass that I fell to the earth  And it was for the space of three days and three nights that I could not open my mouth
-	DID NOT HEAD WOODS	neither had I the use of my limbs 17-9 And the angel spake more things unto me which were heard by my brethren
-	DID NOT HEAR WORDS  IF YOU DON'T WANT TO BE	but I did not hear them
	DESTROYED  DO NOT DESTROY CHURCH	For when I heard the words If thou wilt be destroyed of thyself seek no more to destroy the church of God
	COULD I BE DESTROYED	I was struck with such great fear and amazement lest perhaps that I should be destroyed that I fell to the earth and I did hear no more
	RACKED WITH ETERNAL TORMENT	17:10 But I was racked with eternal torment
	SOUL WAS RACKED	for my soul was harrowed up to the greatest degree and racked with all my sins Yea I did remember all my sins and iniquities
	TORMENTED WITH PAIN OF HELL NOT BORN AGAIN,	for which I was tormented with the pains of hell
	NOT BORN AGAIN, THEREFORE REBELLED	17:11 Yea I saw that I had rebelled against my God and that I had not kept His holy commandments  Yea and I had murdered many of His children or rather led them away unto destruction
WITNESSES ETERNAL PAIN	SOUL RACKED, COMING INTO PRESENCE	rea and I had mudrered many of His Children or rather led them away unto destruction  17:12 Yea and I fine so great had been my iniquities that the very thoughts of coming into the presence of my God did rack my soul with inexpressible horror
		17:13 O thought I that I could be banished and become extinct
	SOUL BODY TO BECOME BANISHED EXTINCT	both soul and body
	COME INTO PRESENCE, HE JUDGES	That I might not be brought to stand in the presence of my God to be judged of my deeds
	3 DAYS RACKED WITH TORMENT HARROWED	17:14 And now for three days and for three nights was I racked even with the pains of a damned soul 17:15 And it came to pass that as I was thus racked with torment
	IN PAIN, CONSIDERS JESUS	while I was harrowed up by the memory of my many sins Behold I remembered also to have heard my father prophesy unto the people concerning the coming of one Jesus Christ a Son of God to atone for the sins of the world
	HAVE MERCY ON ME,	17:16 Now as my mind caught hold upon this thought  I cried within my heart O Jesus Thou Son of God have mercy on me who art in the gall of bitterness and art encircled about by the
WIT NESSES ETERNAL JOY	CALLS ON JESUS, PAIN GONE	everlasting chains of death 17:17 And now behold when I thought this I could remember my pains no more
	MEMORY OF SIN GONE, HARROWED NO MORE	Yea I was harrowed up by the memory of my sins no more
	JOY INSTEAD OF BITTERNESS	17:18 And O what joy and what marvelous light I did behold
	SOUL FILLED EXCEEDING, COUNTERS EXQUISITE EXTENT OF PAIN	Yea my soul was filled with joy as exceeding as was my pain  Yea I say unto you my son that there can be nothing so <b>exquisite</b> and so <u>bitter</u> as were my <u>pains</u>
	NOTHING AS SWEET AS HIS	17:19 Yea and again I say unto you my son
	JOY	that <b>on the other hand</b> there can be nothing so <b>exquisite</b> and <b>sweet</b> as was my <b>joy</b> 17:20 Yea and methought I saw even as our father Lehi saw
	WITNESSED ETERNAL HAPPINESS	God sitting upon His throne surrounded with numberless concourses of angels in the attitude of singing and praising their God
	1000510700101050.00001	Yea and my soul did long to be there 17:21 But behold my limbs did receive their strength again
	MY HEART CHANGED, BORN AGAIN	And I stood upon my feet and did manifest unto the people that I had been born of God  17:22 Yea and from that time even until now
LABORS TO BUILD UP THE CHURCH (G)	LABORED TO BUILD UP THE CHURCH	I have labored without ceasing that I might bring souls unto repentance
	TO SHARE IN THE JOY SO ALL MAY BE BORN OF	That I might bring them to taste of the exceeding joy of which I did taste
	GOD	That they might also be born of God and be filled with the Holy Ghost 17:23 Yea and now behold O my son
ILD UP	MANY HAVE BEEN BORN,	the Lord doth give me exceeding great joy in the fruits of my labors  For because of the word which He hath imparted unto me
TO BU	CHANGED	Behold many hath been born of God and hath tasted
LABORS		and have tasted and hath seen eye to eye
	KNOWLEDGE CAME FROM	as I have seen
F	GOD (THE ANGEL OF THE LORD)	17:24 Therefore they do know of these things of which I have spoken
Е		as I do know And the knowledge which I have is of God  17:25 And I have been supported under trials and troubles of every kind
	I HAVE BEEN SUPPORTED	yea and in all manner of afflictions
HE DELIVERED ALMA	GOD DELIVERED ME (AS HE DELIVERED NATION) PUT TRUST IN HIM. HE	Yea God hath delivered me from prisons and from bonds and from death
	DELVERS NOT JUDGES WILL BE RAISED FROM THE	Yea and I do put my trust in Him and He will still deliver me
	EARTH, NOT BANISHED BUT BROUGHT IN TO HIS GLORY	17:26 And I know that He will raise me up at the last day to dwell with Him in glory
	TO LIVE FOREVER (NOT EXTINCT)	Yea and I will praise Him forever
	FOREFATHERS DELIVERED FROM EGYPT	For He hath brought our fathers out of Egypt
THERS	EGYPTIANS SWALLOWED UP IN DELIVERANCE	And He hath swallowed up the Egyptians in the Red Sea
HE DELIVERED FOREFATHERS	BROUGHT ISRAEL OUT OF BONDAGE	And He led them by His power into the Promised Land  17:27 Yea and He hath delivered them out of bondage and captivity from time to time
D'	BONDAGE BROUGH LEHI OUT OF JERUSALEM	Yea and He hath also brought our fathers out of the Land of Jerusalem
	GOD ONLY CAN DELIVER CONTINUES TO DELIVER	And He hath also by His everlasting power delivered them out of bondage and captivity from time to time
C'	I REMEMBER THEIR CAPTIVIY	even down to the present day 17:28 And I have always retained in remembrance their captivity
		Yea and ye also had ought to retain in remembrance as I have done
	(SPEAKING TO SON IN HIS	their captivity 17:29 But behold my son this is not all
B'	YOUTH) YOU NEED TO KNOW	For ye had ought to know
A'	KEEP COMMANDMENTS, PROSPER	as I do know that inasmuch as ye shall keep the commandments of God ye shall prosper in the land